



THE MARK J. BRAUN FALL CLASSIC

Hosted by Lake Erie Silver Dolphins

November 20-22, 2009

Held under USA Swimming Sanction LE# 959 S & Time Trials LE# 959 TT

LOCATION: CLEVELAND STATE UNIVERSITY, Robert F. Busbey Natatorium, 2451 Euclid Ave., Cleveland, OH (downtown Cleveland – Euclid Avenue at East 24th Street). CSU has been the site of numerous USA and collegiate championships.

POOL: 25 yards by 10 lanes, deep water with minimal turbulence throughout short course competition pool; Colorado electronic timing and ten lane digital readout scoreboard; spacious locker rooms, deck area, and spectator section; continuous warm-up available.

POOL MEASUREMENTS: The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

STARTING TIMES: Friday night warm-up: 4:30pm-5:15pm, with the meet starting at 5:20pm. Both Saturday and Sunday morning session warm-ups will be held from 7:45AM – 8:30AM, with competition starting at 8:35AM. Afternoon 45-minute warm-up will begin 15 minutes after the conclusion of the morning session. Finals on Saturday will not begin before 6:00PM after a 45-minute warm-up. At the discretion of the Meet Safety Director, warm-ups may be split by gender, age group or team. The finalized warm up plan and estimated timelines can be found at the LESD website (www.LESD.org) by Wednesday November 18. Afternoon session warm-up times can be verified by calling the deck entry office at 216-687-4882 after 10:30AM of the day of the meet.

ENTRY DEADLINE: This meet closes out several weeks before the deadline. Entries will be accepted beginning at 12:01AM on Monday, October 12, 2009. The meet will be closed before the entry deadline if the sessions become unmanageable. Entries submitted prior to this time will not be accepted. Please submit all entries electronically by Hy-Tek accompanied by the Team Manager printout or on the forms provided if unable to provide the former. Deadline for entries is 11:59PM November 11, 2009, if not closed sooner. Hard copy of entries, meet summary and entry fees must be received no later than November 13, 2009.

Mail to: Janet Ranallo

36721 Ridge Road

Willoughby OH 44094 (jjjnr@sbcglobal.net)

If fees are not received by November 13, 2009, the swimmers will be removed from the meet. Email Janet Ranallo to receive confirmation of receipt of your entry. There will not be a refund of entries after the entry has been accepted. An entry event file may be downloaded from www.lakeeriewimming.com or www.LESD.org or may be requested from the entry chair by e-mail. Updated times will be accepted electronically until November 11, 2009, but no changes of events if meet is closed. In addition, a CSU waiver (attached) must be on hand for each swimmer prior to the meet. Phone entries will not be accepted.

ENTRY FEES: Individual events are \$4.75 each; relays are \$9.00 each and a \$2.00 per swimmer LSC surcharge, all in US dollars. There is a \$1.00/swimmer handling fee for paper entries. Paper entries will be allowed for up to a maximum of 5 swimmers. Make checks payable to LESD Booster Club.

ENTRY LIMITATIONS: 13 and over swimmers may compete in two events on Friday and in no more than three events per day on Saturday and Sunday (exclusive of relays). Swimmers in the 12 & Under sessions may compete in two events on Friday, three events on Saturday and up to four events on Sunday (exclusive of relays). **Time Trial events count toward the daily event limitation. Swimmers in the 12 & under age groups are advised not to enter both the 50 and 200 of the same stroke in the butterfly, breaststroke, or backstroke. These events are back-to-back in the meet program and there will be no rest in between.** There is a limit of one entry per team for the female and the male 800 free relays, and a limit of two entries per team for the 400 free and 400 medley relays.

DECK ENTRIES: Deck entries will be accepted on a space-available basis at \$6.00/individual event and \$12.00/relay until 35 minutes prior to the start of the session and seeded at no time. Switching events constitutes a deck entry. Deck entrants who are new to the meet must present proof of USA Swimming registration to enter and pay the \$2.00 Lake Erie surcharge.

ELIGIBILITY: Swimmers must be current athlete member of USA swimming and have met the time standard

requirements. Coaches must be current coach member of USA swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age of swimmer is as of the first day of the meet, November 20, 2009. On deck USA athlete registration will be available. There will be no on-deck registration for coaches.

QUALIFYING TIMES: Please see the event listings. Swimmers must be equal to or faster than the cuts listed. Enter at either short course yards or long course meters times. Converted times may **not** be used. Non-conforming times will be converted by meet management. The host team reserves the right to enter its own swimmers even if they have not achieved the qualifying time.

FASTER THAN: Lake Erie Swimming mandates the following:

Swimmers should enter an event only if they have achieved the listed time standard for that event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time or a fine of \$10.00 for each swim listed in the notice. Failure to resolve time verification issues within one week of receipt of notice shall result in debit to the team's account in the amount of the fine. Unattached swimmers will receive similar notice.

Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free).

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard pool. Friday and Sunday events are timed finals. **All relays are**

timed finals and will be swum in prelims. On Saturday, all individual events will be prelim/final format except for the 12 & Under 200 backstroke. Championship heat only in the 10 & Under, 11-12, and 13-14 age groups, consolation and championship heats (in that order) for the Open events. Ten lanes will be used at finals. Flyover starts may be used in all prelim sessions.

CONDUCT OF DISTANCE EVENTS/HEAT LIMITATIONS: 10 & Under and 11-12 500 free may be limited to the two fastest seeded heats each male and female. The 13-14 and Open 500 free may be limited to the 3 fastest heats each male and female. **The fastest seeded heat of the 500 Free will be swum at finals.** The 400 IM may be limited to the 3 fastest seeded heats each male and female. The 1650 free may be limited to the three fastest seeded heats each male and female. Events may be consolidated and scored separately to conserve time. The 1650 freestyle will be swum fastest to slowest, alternating women and men. Any swimmer closed out of the 400IM, 500 or 1650 freestyle because of heat limitations will receive a refund for that event. Psych sheets for Friday night's 1650 freestyle will be posted on the LESD website (www.LESD.org) by Wednesday November 18. We will publish the number of heats that will be conducted in each event.

SEEDING & CHECK IN: This is a deck seeded meet. With the exception of the 1650, all swimmers must check in for all of their events 30 minutes prior to the start of the session. Friday check-in for the 1650 is no later than 6:30PM. Swimmers who fail to check in for their events will not be seeded. Heat and lane assignments will be posted. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

SCORING: INDIVIDUAL...11-9-8-7-6-5-4-3-2-1
RELAYS...22-18-16-14-12-10-8-6-4-2

Consolation heats will not be scored.

Points for 12 & Under and Open events will revert to that swimmer's respective age group for high point totals.

AWARDS: All awards must be picked up at the meet.

12 & under Individual Events:

Medals for 1st, 2nd and 3rd; ribbons for places 4-10.

12 & under Relay Events: Ribbons for 1st, 2nd and 3rd.

High Point and Runner-up Awards:

10 & Under, 11-12, 13-14, and Open.

Team Awards: Awarded to 1st, 2nd, and 3rd highest scoring teams, excluding the host team.

ADMISSION: There will be an admission charge of \$3/day. Meet programs will be available. There will be special prices for combined sessions and meet programs. Children 6 and under are free. CSU also charges for parking; city meters are available on Chester Avenue and adjacent streets and are free on Saturday and Sunday.

RESULTS: Results will be available on the www.LESD.org website and on www.lakeerieswimming.com. Teams may request a complete meet backup from Marie@salibra.net on the Monday following the meet.

TIME TRIALS: Time trials will be held Saturday and Sunday after the morning and afternoon sessions at the discretion of the meet referee. Time trials will not be held after Saturday finals. Time trial entry fees are \$6.00 individual event/\$12.00 relay. Time Trial entries close 60 minutes prior to the end of the session. Time Trial events are open to swimmers already entered in an individual event in the meet. Time Trial events count toward the daily event limitation.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of warm-up shall be conducted as follows:

- (a) Lanes 1 & 10 is push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).
- (b) Lanes 2 & 9 are sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- (c) Lanes 3-8 are general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Continuous warm-up is available.

OFFICIATING OPPORTUNITY: Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in officiating this meet. Please contact the meet director or LES's Officials Chair, Chuck Kunsman (chuck163@yahoo.com), in advance of the meet to let either know of your availability.

LES is also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Chuck Kunsman.

COACHES: Psych sheets for coaches will be available in the deck-entry office which is near the CSU record board. Please keep your psych sheets for the entire weekend—there is a limited supply. There may be a coaches meeting during warm-ups if necessary.

UNSUPERVISED SWIMMERS: Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet volunteers are allowed on deck. All others must remain in the spectator area.

No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet.

DIRECTIONS: From I-77 NORTH, follow signs to I-90 east to E. 22nd street exit, follow E. 22nd north (left) to Euclid or Chester.

From I-90 east or west, exit at Chester Ave.

From Ohio Turnpike, take I-77 or I-71 north to I-90 east (see above).

HOTELS: Please go to the www.LESD.org website for hotel information.

Meet Director: Maryann Bencic, 440-449-7876; mbencic.lesd@gmail.com

Safety Director: Kim Babbin, 330-342-4759; mbabbin@aol.com

Entry Chair: Janet Ranallo, 440-942-8468; jjjnr@sbcglobal.net

EMERGENCY INFORMATION

Spectator Emergency Evacuation Plan

In the event of an alarm or an emergency requiring evacuation:

Remain calm, walk to the nearest exit, and leave the building.

Do not use the elevators.

Do not attempt to go on deck or in the locker rooms.

Swimmers will be directed by their coach or meet workers to STILLWELL HALL ON THE WEST SIDE OF THE BUILDING (the scoreboard is on the west wall of the pool).



Attention All Swimmers!

***USA Swimming and Lake Erie Swimming team up to present:
The Lake Erie IMX Challenge for Short Course 2009-10***

Start completing your events when 2009-2010 Short Course Season begins!

***You have until April 1, 2010 to complete your event list.**

9 & Under; 10-year olds:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds; 12-year olds:

200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13, 14, 15, 16, 17, and 18 -year olds:

200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

- In order to receive an IMX score, a swimmer must legally swim each IMX event for their age level in a sanctioned meet at least once during the '09-'10 season.
- A swimmer's times will count for the entire season-so if a swimmer ages up during a season the IMX score on the *My USA Swimming* page will show a score for his/her lower age group and their new age group.
- In order to check the progress, swimmers can create a web account to be able to access their personal *My USA Swimming* page! If a swimmer has already swum the event combo for his/her age level, the IMX score and ranking now appears in a special section of the swimmer's *My USA Swimming* page.

All swimmers participating and legally completing each IMX event for their single age group for the 2009-2010 Short Course Season will receive an IMX cap!

Top Three male and female swimmers in the Lake Erie district with the highest IMX score per single age group will receive the following at the LE Awards Banquet:

- 1st place – IMX towel**
- 2nd place – IMX hoodie**
- 3rd place – IMX drawstring bag**

Friday, November 20, 2009

Friday Schedule of Events: Timed Finals
4:30 Warm-Up (45 minute warm-up) 5:20 Meet Start

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys #
1	3:03.79Y 3:29.69L	11-12 200IM	3:03.79Y 3:29.69L	2
3	4:56.99Y 5:35.99L	OPEN 400 IM*	4:35.79Y 5:13.49L	4
5	5:04.59Y 5:45.99L	13-14 400IM*	5:04.59Y 5:45.99L	6
7	8:30.49Y 7:37.29L	10 & Un 500 Free*	8:30.49Y 7:37.29L	8
9	7:10.79Y 6:27.79L	11-12 500 Free*	7:10.79Y 6:27.79L	10
11	19:08.99Y 19:37.19L	OPEN 1650 Free@	18:00.99Y 18:25.29L	12

Y= Yards L=Long Course Meters

@Open 1650 free: fastest 3 heats each gender, swum fastest to slowest, alternating females and males.

*May limit 500 frees to 2 fastest seeded heats each men and women.

*May limit 400IM's to 3 fastest seeded heats each men and women.

Saturday, November 21, 2009

**Schedule of Events AM Session: Preliminary Heats (except where noted)
7:45 am Warm-Up (45 minutes) 8:35 Meet Start**

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys #
13	2:30.49Y 2:51.49L	13-14 200 IM	2:30.49Y 2:51.49L	14
17	1:17.59Y 1:28.99L	13-14 100 Breast	1:17.59Y 1:28.99L	18
21	1:02.19Y 1:10.39L	13-14 100 Free	1:02.19Y 1:10.39L	22
25	1:07.79Y 1:16.49L	13-14 100 Fly	1:07.79Y 1:16.49L	26
29	2:27.29Y 2:47.39L	13-14 200 Back	2:27.29Y 2:47.39L	30
33		13-14 400 Free Relay#		34
37	5:38.29Y 5:03.49L	13-14 500 Free##*	5:38.29Y 5:03.49L	38
15	2:26.99Y 2:47.29L	OPEN 200 IM	2:15.09Y 2:35.89L	16
19	1:15.69Y 1:26.69L	OPEN 100 Breast	1:08.89Y 1:19.69L	20
23	1:00.79Y 1:08.59L	OPEN 100 Free	55.19Y 1:03.09L	24
27	1:06.29Y 1:14.19L	OPEN 100 Fly	1:00.09Y 1:07.69L	28
31	2:23.89Y 2:44.29L	OPEN 200 Back	2:12.39Y 2:31.29L	32
35		OPEN 400 Free Relay#		36
39	5:32.89Y 4:55.99L	OPEN 500 Free##*	5:10.79Y 4:38.09L	40

*May be limited to 3 fastest seeded heats each men and women; fastest heat swims in finals only

**Schedule of Events PM Session: Preliminary Heats (except where noted)
45 minute warm-up; Warm-ups will start 15 minutes after the end of the AM session**

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys #
41	3:20.19Y 3:48.59L	10 & Un 200 Free	3:20.19Y 3:48.59L	42
45	1:44.99Y	10 & Un 100 IM	1:44.99Y	46
49	48.79Y 55.99L	10 & Un 50 Back	48.79Y 55.99L	50
53	1:59.99Y 2:17.49L	10 & Un 100 Breast	1:59.99Y 2:17.49L	54
57	39.79Y 45.09L	10 & Un 50 Free	39.79Y 45.09L	58
61	1:57.49Y 2:12.59L	10 & Un 100 Fly	1:57.49Y 2:12.59L	62
43	2:43.19Y 3:03.89L	11-12 200 Free	2:43.19Y 3:03.89L	44
47	3:01.89Y 3:30.29L	12 & Un 200 Back#	3:01.89Y 3:30.29L	48
51	39.59Y 45.49L	11-12 50 Back	39.59Y 45.49L	52
55	1:36.39Y 1:49.99L	11-12 100 Breast	1:36.39Y 1:49.99L	56
59	34.29Y 39.19L	11-12 50 Free	34.29Y 39.19L	60
63	1:27.19Y 1:38.69L	11-12 100 Fly	1:27.19Y 1:38.69L	64
65		12 & Un 200 Free Relay#		66

Y=Yards

L=Long Course Meters

Timed Finals

Finals will not begin before 6:00pm after a 45 minute warm-up
(Consolations will be swum for OPEN events only and not scored):

**Finals Event Schedule: 37,38,39,40,41,42,43,44,13,14,15,16,45,46,17,18,19,20,49,50,51,52,
21,22,23,24,53,54,55,56,25,26,27,28,57,58,59,60,29,30,31,32,61,62,63,64**

Sunday, November 22, 2009

Schedule of Events AM Session: Timed Finals
7:45 am Warm-Up (45 minutes), 8:35 Meet Start

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
69	2:08.19Y 2:25.39L	13-14 200 Free	2:08.19Y 2:25.39L	70
73	2:46.79Y 3:11.99L	13-14 200 Breast	2:46.79Y 3:11.99L	74
77	1:08.49Y 1:17.79L	13-14 100 Back	1:08.49Y 1:17.79L	78
81	2:28.59Y 2:48.29L	13-14 200 Fly	2:28.59Y 2:48.29L	82
85	28.69Y 32.49L	13-14 50 Free	28.69Y 32.49L	86
89		13-14 400 Medley Relay		90
67		OPEN 800 Free Relay		68
71	2:04.89Y 2:21.09L	OPEN 200 Free	1:55.09Y 2:11.49L	72
75	2:42.79Y 3:05.69L	OPEN 200 Breast	2:30.09Y 2:54.29L	76
79	1:06.59Y 1:16.29L	OPEN 100 Back	1:01.09Y 1:10.59L	80
83	2:24.49Y 2:42.69L	OPEN 200 Fly	2:13.39Y 2:30.59L	84
87	27.99Y 31.79L	OPEN 50 Free	25.29Y 28.79L	88
91		OPEN 400 Medley Relay		92

Schedule of Events PM Session: Timed Finals

45 minute warm-up; Warm-ups will start 15 minutes after the end of the AM session

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys #
93	1:31.29Y 1:43.99L	10 & Under 100 Free	1:31.29Y 1:43.99L	94
97	53.59Y 1:01.59L	10 & Under 50 Breast	53.59Y 1:01.59L	98
103	1:45.69Y 2:02.39L	10 & Under 100 Back	1:45.69Y 2:02.39L	104
107	48.79Y 55.09L	10 & Under 50 Fly	48.79Y 55.09L	108
113	3:42.69Y 4:12.99L	10 & Under 200 IM	3:42.69Y 4:12.99L	114
95	1:13.59Y 1:25.79L	11-12 100 Free	1:13.59Y 1:25.79L	96
99	3:26.39Y 3:57.59L	12 & Un 200 Breast	3:26.39Y 3:57.59L	100
101	44.09Y 49.09L	11-12 50 Breast	44.09Y 49.09L	102
105	1:27.99Y 1:38.89L	11-12 100 Back	1:27.99Y 1:38.89L	106
109	3:04.99Y 3:29.09L	12 & Un 200 Fly	3:04.99Y 3:29.09L	110
111	37.79Y 42.39L	11-12 50 Fly	37.79Y 42.39L	112
115	1:26.29Y	11-12 100 IM	1:26.29Y	116
117		12 & Under 200 Medley Relay		118

Y=Yards

L=Long Course Meters

MARK J. BRAUN FALL CLASSIC
November 20-22, 2009
ENTRY SUMMARY SHEET

TEAM: _____ PREFERRED TEAM CODE (up to 4 letters) _____
YOUR **LSC 2-LETTER** CODE ("LE", "OH", "MI", "AM", etc.) ____ _

TEAM CONTACT NAME: _____ E-mail: _____

Team Contact PHONE #: DAY: _____/_____

EVENING: _____/_____

HEAD COACH: _____ E-mail: _____

Swimmers will be without a coach on deck:

Fri. PM, Sat. AM Sat. PM Sun. AM Sun PM

I have arranged for my swimmer/s to be supervised by _____.

____ Total # of coaches eating lunch on Sat _____, on Sun _____

____ (Total # of swimmers) X \$2.00 (LESI Surcharge) = \$ _____

____ (Total # of paper entry swimmers) X \$1.00 Surcharge)* = \$ _____

*Paper entries limited to 5 swimmers or less

____ (Total # of individual events) X \$4.75/event = \$ _____

____ (Total # of relay events) X \$9.00/relay entry = \$ _____

TOTAL AMOUNT REMITTED \$ _____

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING, AND THAT EVERY COACH REPRESENTING OUR TEAM WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: _____ (coach or team representative) DATE: _____

Make checks payable to LESD BOOSTER CLUB, and mail to: Janet Ranallo 36721 Ridge Road, Willoughby OH 44094 (jjjnr@sbcglobal.net). Entries are due no later than November 13, 2009. Please note that all entries submitted with this sheet should be covered by a single check.

DEADLINE FOR HARD COPY RECEIPT IS NOVEMBER 13, 2009.

This sheet must accompany all entries.

If fees are not received by the above date, swimmers will be removed from the meet.

THE MARK BRAUN MEET 2009

Entry Sheets

Please Print

GIRLS		TEAM CODE _____		
NAME	AGE	USA SWIMMING NUMBER	EVENT #	TIMES (Y or L) Please indicate

BOYS		TEAM CODE _____		
NAME	AGE	USA SWIMMING NUMBER	EVENT #	TIMES (Y or L) Please indicate

Y=Yards

L=Long Course Meters

**Cleveland State University
Release and Waiver of Liability**

As consideration for my participation in the _____, (the "event") I hereby for myself, family, heirs, executors, administrators and assigns waive, release and forever discharge Cleveland State University and its Board of Trustees, officers, employees and agents from any and all liabilities, demands, claims, damages, losses, costs (including attorney's fees), actions and causes of action arising out of or in connection with my participation in the above listed event and/or the use of Cleveland State University facilities, furnishings, or equipment during this event, except to the extent such liabilities, demands, claims, damages, losses, costs (excluding attorney's fees), actions and causes of action are attributable to the negligent actions of Cleveland State University or its Trustees, officers, employees, or agents while acting within the course of their employment, as set forth in Ohio Revised Code Section 2743.02. I also acknowledge that Cleveland State University and its Trustees, officers, employees and agents assume no responsibility for any bodily injury, death, loss, illness or accident to myself or others or damage to personal property which may arise out of my participation in this event.

I fully understand and hereby acknowledge that participation in this event involves many risks, including the risks of serious bodily injury and death. In consideration of being allowed to participate in the event listed above, I voluntarily accept and assume all responsibility for and risk of such personal injury arising from such participation.

I understand that any University personnel or agents participating in this event are not necessarily medically trained to care for any physical or medical problems that may occur during this event. I release all such personnel from any claim whatsoever on account of first aid or service rendered to me during my participation in this event.

By placing my signature below, I acknowledge that I have adequate medical and hospitalization insurance for any injuries that I may incur as a result of participating in this event. I attest and verify that I am 18 years of age or older, that I have had a recent physical examination and that I have no known health problems or conditions that could prevent me from successfully participating in this activity.

IF APPLICANT IS LESS THAN 18 YEARS OF AGE, THE PARENT'S CONSENT, RELEASE AND WAIVER OF LIABILITY ON THE BACK OF THIS FORM MUST ALSO BE COMPLETED AND SIGNED.

Participant's Name (Please print)

Participant's Phone

Participant's Address

I have read and fully understand the entire **RELEASE AND WAIVER OF LIABILITY** and my signature below confirms my full understanding and voluntary acceptance of such **RELEASE AND WAIVER OF LIABILITY**.

Participant's Signature

Date

LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing in a timed final event or in a preliminary heat when finals are scheduled shall not be penalized.
- B. Events Seeded on the Deck –
 - (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).
 - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
- C. Scratching from Consolation Finals and Finals
 - (1) Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI.
 - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
 - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
 - (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
 - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.
 - (4) It is determined by the Referee that there were no alternates for the consolation final or final race in which the swimmer failed to compete, and that the swimmer's failure to compete did not affect any other swimmer's ability to compete in the consolation final or final race.