

Fall Festival
SPONSORED BY West Allegheny Aqua Club
October 31 – November 1, 2009
Held Under the Sanction of USA Swimming and Allegheny Mountain Swimming
Sanction # AM-103109-01

LOCATION OF FACILITY: West Allegheny High School

TYPE OF FACILITY: An indoor, 6 lane, 25 yard pool with anti-turbulence lane markers. Electric timing system will be used with a watch back-up. The competition course has not been certified in accordance with 104.2.2.C(4).

ENTRY DEADLINE: October 16, 2009

Entries will be accepted from: October 7, 2009

INDIVIDUAL ENTRY LIMIT PER DAY: Four (4) Individual Events per day (excluding relays)

ENTRY FEES: Individual Events: \$3.25

MEET ENTRY LIMIT: 2000

Relays: \$5.00

CHECKS PAYABLE TO: WAAC

WARM-UPS: Warm-ups will be as stated below. Each Club will be notified within ten (10) days, but no later than five (5) days prior to the start of the meet. The meet entry person will be notified along with it being posted on the AMS Website.

The Meet Director reserves the right to adjust warm-ups based on the number of entries after consultation with the Age Group Chair (before the day of the meet) or the referee (the day of the meet). There **may** be a warm-up period of up to ten (10) minutes prior to the distance events at those facilities that do not have a separate warm-up pool.

Warm-ups for distance meets (1000/800, 1650/1500) shall be a general warm-up for the entire session. Time shall not be less than 45 minutes for a single session of the first session of a two-session meet. Time shall not be less than 30 minutes for the second session at the same meet. Warm Up/Warm Down between events shall not be less than 10 minutes when multiple events are swum, gender excluded. At any session with distance events (1000/800, 1650/1500) offered and at any championship formatted meet (prelims/finals), the outside lane or lanes shall be restricted to pace lanes only at the same time that sprint lanes are opened

WARM UP & START TIMES:

**To be confirmed based on the entries - will be posted on website*

SESSIONS	WARM-UPS	MEET START
10/31 Sat AM	7:30 am – 8:00 am and 8:00 am – 8:35 am	8:35 am
10/31 Sat PM	1230 pm – 1:00 am and 1:00 pm – 1:30 pm	1:35 pm
11/01 Sun AM	7:30 am – 8:00 am and 8:00 am – 8:35 am	8:35 am
11/01 Sun PM	1230 pm – 1:00 am and 1:00 pm – 1:30 pm	1:35 pm

SEEDING: This meet will be **pre-seeded** with the exception of any events 400 yards/meters or longer. These will be **deck seeded with positive check-in required**. Check-in will close approximately 30 minutes prior to the event being swum.

Relays will require positive check-in.

MEET DIRECTOR:

Brian K Olson
 112 Holly Hill Dr
 Oakdale, PA 15071
 724-693-8395
Bkolson45@comcast.net

SAFETY CHAIR:

Brian K Olson
 112 Holly Hill Dr
 Oakdale, PA 15071
 724-693-8395
Bkolson45@comcast.net

OFFICIALS: To officiate at this meet please contact: Brian Olson at Bkolson45@comcast.net

DURATION: The Meet Director reserves the right to return entries with the approval of the Age Group Committee to control the meet duration. Affected clubs will be notified at least five (5) days prior to the meet. In addition, the meet host may require swimmers to scratch down ONE event per day. When entries are submitted, please mark which event the swimmer will scratch, if needed. If no race is designated, the host team will scratch the swimmer's last event of the day. Refunds will be given for mandatory scratches.

ENTRIES: E-MAIL ENTRIES TO: waac-entries@amswim.org

ENTRY CHAIR:	NAME	Dawn Musiol
	ADDRESS	58 Rogers Dr
	CITY, ST, ZIP	Coraopolis, PA 15108
	PHONE	724-695-0548

All entries will only be accepted via e-mail or sent via U.S. mail with the proper completed coaches and master form. All entries, fees and properly completed entry forms must be postmarked no later than midnight on the: Entry Deadline Date.

The body of the e-mail shall contain the following:

- Meet Name Team Name
- Number of Individual Events
- Number of Relay Events
- Team Meet Entry Person's Contact Information

Entries using HY-TEK "Team Manager" are encouraged. There will be a charge of \$20.00 to be included with your entry for clubs with ten (10) or more swimmers not submitting mailed entries on disk. All teams submitting entries on disk should note that the disk WILL NOT BE RETURNED.

WARM-UP RULES: Due to the insurance liability issue that is in effect from USA Swimming all warm-up policies will be strictly enforced by USA Swimming Officials. Swimmers warming up or down, before, during or after this swim meet must be under the direct supervision of an USA Swimming member certified coach. The coaches have the same responsibility for supervision of their swimmers at the meet as when on deck at practice.

Each competing club's coach must register with the MEET DIRECTOR before the club may warm up. The coaches' sign-in sheet will be forwarded to the AMS registrar for verification of current coaches' certification. The coaches must present their current USS registration card at the sign in table and keep it visible on deck at all times.

In the event that a club has fewer than five (5) swimmers per session, it is the responsibility of the club to have a representative register a contact person with the MEET DIRECTOR to assure compliance of their swimmers with the rules of conduct. The contact person signing in requirement is in addition to the requirement for every swimmer to be under the supervision of a USS registered coach.

For swimmers that are unattached, it is their responsibility, prior to the day of the meet, to obtain a coach who will supervise the swimmers on deck during warm-up, warm down, before, during, or after the meet. This information should be provided with their entries to the meet entry person. Failure to do so will result in not being entered in the meet.

MEET/DECK REFEREE: The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. The meet/deck referee has final judgment for **any** issues that arise that day during the course of the meet.

ELIGIBILITY: All entrants must be registered members of USA Swimming. Age **as of the first day of the meet** determines eligibility. This meet is open to all USA swimming registered swimmers. "No Time" entries will not be accepted. Entry times are short course yard times OR as stated in the comments on the meet structure/schedule of events page.

QUALIFYING TIMES: Qualifying Times are shown on the attached Meet Structure

AMS RULES: The 2009/2010 USS Swimming Rules will govern the meet. Details will be provided in the meet program and posted. Smoking and the use of tobacco products are prohibited in the building. Sale and use of alcoholic beverages are similarly prohibited anywhere on the grounds.

Please note that all swimmers must be under the supervision of a USA swimming coach during warm-up and competition.

No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.

DISABLED SWIMMERS: Any swimmer with a disability should contact the Meet Director and the Meet Referee prior to the start of the meet.

SEEDING: Swimmers must follow the mandatory AMS operating procedure for check-in seeding: All swimmers must personally sign in with the Clerk of Course prior to each session for all of the events or at the first call of each event. A first call and a last call will be given. If after checking in, a swimmer decides not to swim the event, they must report back to the Clerk of Course and scratch by last call. **Failure to swim after being checked in and seeded will bar a swimmer from their next individual event.** Swimmers do not have to remain in the seeding area after checking in, but must return to pick up seeding time cards (if required).

SCRATCH RULE: Refer to AMS Operating Procedures:

AWARDS: Individual awards:

1st – 3rd place will receive medals

4th – 6th place will receive ribbons

Relay awards:

1st – 3rd will receive double ribbons

SCORING: This is not a scored event

DIRECTIONS: From Pittsburgh: Take the Parkway West to the Weirton 22/30 exit. Follow 22/30 west to the Imperial exit. Turn right onto Route 30 and follow to the stoplight. Bear right onto West Allegheny Rd (Rite Aid on left, First Niagra Bank on right). Follow West Allegheny Rd approximately ¼ mile to the West Allegheny High School entrance on left. Follow entrance road past the middle school and park in the upper or lower parking lots. Entrance to the school is thru the main entrance or the gym doors. Follow signs to the pool.

CONCESSION: Will be available starting at 7:00 am and continue thru the meet

COMMENTS: Swimming apparel and supplies will be available at this meet

Fall Festival

10/31/09 – 11/01/09

Session 1 Saturday AM					Session 3 Sunday AM				
Girls	Faster Than or Equal To	15 and Older	Faster Than or Equal to	Boys	Girls	Faster Than or Equal to	15 and Older	Faster Than or Equal to	Boys
1	1:05.00	100 Freestyle	1:00.00	2	49	2:37.00	200 Individual Medley	2:25.00	50
7	1:21.00	100 Breaststroke	1:14.00	8	55	30.00	50 Freestyle	27.00	56
13	1:11.00	100 Butterfly	1:04.00	14	61	1:11.00	100 Backstroke	1:06.00	62
		13 and 14					13 and 14		
3	1:07.00	100 Freestyle	1:02.00	4	51	2:41.00	200 Individual Medley	2:30.00	52
9	1:23.00	100 Breaststroke	1:17.00	10	57	31.00	50 Freestyle	28.00	58
15	1:13.00	100 Butterfly	1:07.00	16	63	1:13.00	100 Backstroke	1:09.00	64
		13 and Older					13 and Older		
5	2:37.00	200 Backstroke	2:28.00	6	53	2:39.00	200 Butterfly	2:30.00	54
11	2:23.00	200 Freestyle	2:14.00	12	59	2:58.00	200 Breaststroke	2:47.00	60
17		400 Medley Relay		18	65		400 Freestyle Relay		66
19	5:39.00	400 Individual Medley	5:21.00	20	67	6:18.00	500 Freestyle	5:59.00	68
Session 2 Saturday PM					Session 4 Sunday PM				
Girls	Faster Than or Equal to	11 and 12	Faster Than or Equal to	Boys	Girls	Faster Than or Equal to	11 and 12	Faster Than or Equal to	Boys
21	32.00	50 Freestyle	31.00	22	69	1:19.00	100 Individual Medley	1:16.00	70
27	1:28.00	100 Breaststroke	1:26.00	28	75	1:20.00	100 Backstroke	1:18.00	76
33	36.00	50 Backstroke	36.00	34	79	40.00	50 Breaststroke	40.00	80
39	35.00	50 Butterfly	35.00	40	83	1:08.00	100 Freestyle	1:07.00	84
					87	1:19.00	100 Butterfly	1:17.00	88
Girls		9 and 10		Boys	Girls		9 and 10		Boys
23	1:19.00	100 Freestyle	1:17.00	24	71	42.00	50 Backstroke	42.00	72
29	46.00	50 Breaststroke	47.00	30	77	1:42.00	100 Breaststroke	1:42.00	78
35	1:30.00	100 Backstroke	1:29.00	36	85	35.00	50 Freestyle	35.00	86
41	1:36.00	100 Butterfly	1:35.00	42	89	41.00	50 Butterfly	40.00	90
43	1:30.00	100 Individual Medley	1:29.00	44					
Girls		9 – 12		Boys	Girls		9 – 12		Boys
25	2:51.00	200 Freestyle	2:45.00	26	73	3:12.00	200 Breaststroke	3:04.00	74
31	2:46.00	200 Backstroke	2:43.00	32	81	3:12.00	200 Individual Medley	3:11.00	82
37	2:49.00	200 Butterfly	2:46.00	38	91		200 Freestyle Relay		91
45		200 Freestyle Relay		46	93	6:35.00	500 Freestyle	6:30.00	94
47	5:58.00	400 Individual Medley	5:51.00	48					

Comments:

1. There shall be up to a 10 minute warm up prior to all 400 Individual Medleys and 500 Freestyles.
2. All 400/500 events shall be swum fastest to slowest alternating girls/boys.
3. All 400/500 events are positive check-in.
4. Athletes are limited to a maximum of 4 events per day.
5. In order to control the meet duration the LSC scratch down procedures may be used by the meet director by the direction of the age group chair.
6. Sessions durations are regulated by 205.3.F.
7. Relays may be deck entered.