

## ANSC FIRST SPLASH OCTOBER 8-9, 2011

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|--------------------------|--|--|------------------------|
| SPONSOR/HOST             | ALLEGHENY NORTH SWIM CLUB  |  |                        |
| SANCTION #               | AM-100811-01   |  |                        |
| MEET DIRECTOR            | REBECCA JUNEAU   | E-MAIL: rebecca@copiesatcarson.com                               | PHONE: 412-369-9649    |
| LOCATION                 | NORTH ALLEGHENY HIGH SCHOOL - 10375 PERRY HIGHWAY, WEXFORD, PA 15090   |  |                        |
| FACILITY DESCRIPTION     | 6 Lane indoor pool with wave reduction lane markers and Colorado Timing System.  |  |                        |
| POOL CERTIFICATION       | The competition course has not been certified in accordance with 104.2.2C(4).  |  |                        |
| WATER DEPTH              | The depth of the water at the start end of the pool is 12 feet and at the turn end is 4 feet.  |  |                        |
| EVENTS                   | This meet will be conducted in accordance with the attached schedule of events.  |  |                        |
| ENTRIES OPEN             | SEPTEMBER 14, 2011   |  |                        |
| ENTRY DEADLINE           | SEPTEMBER 23, 2011   |  |                        |
| ENTRY FEES               | Individual Events: \$5.00  | Relay Events: \$5.00   |                        |
| ENTRY LIMIT              | 4 Individual Events per day (excluding relays).  |  | MEET ENTRY LIMIT: 2000 |
| ENTRY PROCEDURES         | <ul style="list-style-type: none"> <li>• Entry times must be in <b>SC Yards</b>. NT entries will not be accepted;</li> <li>• Entries must be submitted by Hy-Tek CL2 or HY3 file or sdif file via e-mail;</li> <li>• A hard copy of the entries must be submitted with payment and postmarked by the entry deadline;</li> <li>• All entries should be submitted via e-mail. Electronic entry files (TM or equivalent) are required for teams with five or more swimmers. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information.</li> <li>• Hard copies of entry report and fees must be mailed to the entry chair postmarked by the entry deadline date.</li> <li>• <b>FINAL</b> entry reports must be mailed or e-mailed to the entry chair five (5) days prior to the meet start</li> </ul> |  |                        |
| MEET ENTRY CHAIR         | DAVID BUERGER  | PHONE #: 724-934-8336 (no calls before 9:00 AM or after 9:00 PM) |                        |
| E-MAIL ENTRY FILES TO    | ansc-entries@amswim.org  |  |                        |
| MAIL CHECKS & REPORTS TO | DAVID BUERGER, 286 HIGHVUE CIRCLE, WEXFORD, PA 15090   |  |                        |
| CHECKS PAYABLE TO        | ANSC   |  |                        |
| SEEDING                  | This meet will be pre-seeded with the exception of events 400 yards/meters or longer and relays which will be deck seeded with positive check-in. Check in will close approximately 30 minutes prior to the start of the event. Events 400 yards/meters or longer will be swum fastest to slowest alternating girls/boys.  |  |                        |
| SAFETY CHAIR             | SHEELY SPRYS   | E-MAIL: sprys.pa@netzero.com                                     | PHONE: 412-367-0227    |
| OFFICIALS CONTACT        | ANDREA ROUSSEAU  | E-MAIL: asrousseau@verizon.net                                   | PHONE: 412-417-9186    |
| AWARDS                   | Individual: Gold Flight Double Ribbons 1 <sup>st</sup> - 6 <sup>th</sup> Place, Silver Flight Single Ribbons 1 <sup>st</sup> - 6 <sup>th</sup> Place<br>Relay: Single Ribbons 1 <sup>st</sup> - 3 <sup>rd</sup> Place  |  |                        |
| SCORING                  | This meet will not be scored   |  |                        |
| MISCELLANEOUS            | Full concession available from one hour prior to the start of the meet.<br>Knabe's Swimming Shop will be on site for swimming equipment.   |  |                        |

| SESSION              | WARM-UP TIMES   | MEET STARTS                       |
|----------------------|---|-----------------------------------|
| Saturday & Sunday AM | <del>7:35 - 8:00 AM; 8:00 - 8:25 AM</del> <b>7:05 - 7:30 AM; 7:30 - 7:55 AM</b>   | <del>8:30 AM</del> <b>8:00 AM</b> |
| Saturday & Sunday PM | 12:35 - 1:00 PM; 1:00 - 1:25 PM   | 1:30 PM                           |
|                      | <i>There may be a 10 minute warm-up prior to distance events.</i>   |                                   |
| WARM-UP INFORMATION  | Warm-up policies will be strictly enforced by USA Swimming Officials. Specific warm-up times for each club (if applicable) and/or changes to the warm-up schedule will be posted on the AMS Web Site no later than five (5) days prior to the start of the meet. The Meet Director reserves the right to adjust warm-ups based on the number of entries after consultation with the Age Group Chair (prior to the meet) or the referee (day of the meet). |                                   |

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|---|--|
| DECK PRIVILEGES                             | Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card at the sign in table and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries. Failure to do so will result in the swimmer not being permitted to participate.  |
| RACING START CERTIFICATION                  | Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. <b>A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</b>   |
| DURATION:                                   | The Meet Director reserves the right to return entries with the approval of the Age Group Committee to control the meet duration. Affected clubs will be notified at least five (5) days prior to the meet. In addition, the meet host may require swimmers to scratch down one event per day. When entries are submitted, please mark which event the swimmer will scratch, if needed. If no race is designated, the host team will scratch the swimmer's last event of the day. Refunds will be given for mandatory scratches.   |
| ELIGIBILITY                                 | All entrants must be registered members of USA Swimming. Age <i>as of the first day of the meet</i> determines eligibility. This meet is open to all USA swimming registered swimmers.   |
| QUALIFYING TIMES                            | Qualifying Times (if applicable) are shown on the attached Meet Structure  |
| MEET/DECK REFEREE                           | The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <b>any</b> issues that arise that day during the course of the meet.  |
| MEET MARSHALS                               | Meet Marshals have full authority through the Meet Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.   |
| RULES:                                      | This meet will be governed by current USA Swimming Rules. Fly-over starts may be used. Smoking and the use of tobacco products are prohibited in the building. Sale and use of alcoholic beverages are similarly prohibited anywhere on the grounds.<br><br><b>No unauthorized personnel will be allowed on the pool deck.</b> Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.   |
| DISABLED SWIMMERS                           | Any swimmer with a disability should contact the Meet Director and the Meet Referee prior to the start of the meet   |
| PROTESTS                                    | A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator   |
| AMS SCRATCH RULE<br><i>Pre-seeded Meets</i> | There is no penalty for failing to swim an event at a pre-seeded meet or session. A swimmer who has positively checked in for an individual deck-seeded event (400 yards/meters or longer) must swim in the event unless he/she notifies the Referee of his/her wish to scratch before the event is seeded. Failure to scratch prior to seeding and failure to swim the event will result in the swimmer being barred from his/her next individual event or relay. Deck seeded events shall be closed for seeding no later than 30 minutes prior to the start of the event.  |
| DIRECTIONS                                  | From the North - Take I-79 south to the Wexford Exit, Turn left at the top of the ramp. Follow Route 910 from the exit ramp to Route 19 South. Go seven traffic Lights on Route 19 south. Make a right into North Allegheny High School and follow the signs around back of the Senior High.<br><br>From the South - Take I-279 North to I-79 North. Follow I-79 to the Wexford Exit, turn right at the end of the ramp. Follow Route 910 from the exit ramp to Route 19 South. Go seven traffic Lights on Route 19 south. Make a right into North Allegheny High School and follow the signs around back of the Senior High.<br><br>From the PA Turnpike - Exit Cranberry Exit 23. Follow the signs to I-79 South. Take I-79 south to the Wexford Exit, Turn left at the top of the ramp. Follow Route 910 from the exit ramp to Route 19 South. Go seven traffic Lights on Route 19 south. Make a right into North Allegheny High School and follow the signs around back of the Senior High.<br><br>Parking is available in both the front and back side of the building. |

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| <b>GIRLS</b> | <b>SATURDAY MORNING<br/>Session 1</b>   | <b>BOYS</b> | <b>GIRLS</b> | <b>SUNDAY MORNING<br/>Session 3</b>   | <b>BOYS</b> |
|--------------|---|-------------|--------------|---------------------------------------|-------------|
| 1            | 12 & Under 200 Medley Relay             | 2           | 53           | 12 & Under 200 Freestyle Relay        | 54          |
| 3            | 10 & Under 50 Breaststroke              | 4           | 55           | 10 & Under 50 Backstroke              | 56          |
| 5            | 11-12 50 Backstroke                     | 6           | 57           | 11-12 50 Breaststroke                 | 58          |
| 7            | 11-12 100 Freestyle                     | 8           | 59           | 10 & Under 100 Freestyle              | 60          |
| 9            | 10 & Under 100 Butterfly                | 10          | 61           | 11-12 100 Butterfly                   | 62          |
| 11           | 11-12 50 Butterfly                      | 12          | 63           | 10 & Under 50 Butterfly               | 64          |
| 13           | 11-12 200 Butterfly                     | 14          | 65           | 11-12 50 Freestyle                    | 66          |
| 15           | 10 & under 50 Freestyle                 | 16          | 67           | 10 & Under 100 Backstroke             | 68          |
| 17           | 11-12 100 Backstroke                    | 18          | 69           | 11-12 100 Breaststroke                | 70          |
| 19           | 10 & Under 100 Individual Medley        | 20          | 71           | 10 & under 200 Individual Medley      | 72          |
| 21           | 11-12 100 Individual Medley             | 22          | 73           | 11-12 200 Individual Medley           | 74          |
| 23           | 10 & Under 200 Freestyle                | 24          | 75           | 10 & Under 100 Breaststroke           | 76          |
| 25           | 11-12 200 Breaststroke                  | 26          | 77           | 11-12 200 Freestyle                   | 78          |
| 27           | 11-12 400 Individual Medley             | 28          | 79           | 12 & Under 500 Freestyle              | 80          |
| <b>GIRLS</b> | <b>SATURDAY AFTERNOON<br/>Session 2</b> | <b>BOYS</b> | <b>GIRLS</b> | <b>SUNDAY AFTERNOON<br/>Session 4</b> | <b>BOYS</b> |
| 29           | 13 & Over 200 Medley Relay              | 30          | 81           | 13 & Over 200 Freestyle Relay         | 82          |
| 31           | 13-14 200 Individual Medley             | 32          | 83           | 13-14 100 Breaststroke                | 84          |
| 33           | 15 & Over 100 Breaststroke              | 34          | 85           | 15 & Over 200 Individual Medley       | 86          |
| 35           | 13-14 100 Backstroke                    | 36          | 87           | 13-14 100 Freestyle                   | 88          |
| 37           | 15 & Over 100 Freestyle                 | 38          | 89           | 15 & Over 100 Backstroke              | 90          |
| 39           | 13-14 200 Breaststroke                  | 40          | 91           | 13-14 200 Backstroke                  | 92          |
| 41           | 15 & Over 200 Backstroke                | 42          | 93           | 15 & Over 200 Breaststroke            | 94          |
| 43           | 13-14 50 Freestyle                      | 44          | 95           | 13-14 100 Butterfly                   | 96          |
| 45           | 15 & Over 100 Butterfly                 | 46          | 97           | 15 & Over 50 Freestyle                | 98          |
| 47           | 13-14 200 Butterfly                     | 48          | 99           | 13-14 200 Freestyle                   | 100         |
| 49           | 15 & Over 200 Freestyle                 | 50          | 101          | 15 & Over 200 Butterfly               | 102         |
| 51           | 13 & Over 500 Individual Medley         | 52          | 103          | 13 & Over 500 Freestyle               | 104         |

**Comments**

1. 400 IM and 500 Freestyles are Positive Check-In and shall be swum fastest to slowest alternating girls/boys
2. There may be a 10 minute warm up before the 400 Individual Medley and 500 Freestyles.
3. Entry limit is 4 individual events per day.
4. Entry maximum is 2,000 unless otherwise approved by the Age Group Chair.
5. Relays may be deck entered.
6. NT times shall not be accepted
7. Sessions durations are regulated by 205.3.F.