

AGE GROUP CHAMPIONSHIP MEET MARCH 8 - 11, 2012

SPONSOR/HOST	TEAM PITTSBURGH		
SANCTION #	AM-030812-01		
MEET DIRECTOR	JEFF BERGHOFF	E-MAIL: berghoff@pitt.edu	PHONE: 412-648-8340
LOCATION	TREES POOL, UNIVERSITY OF PITTSBURGH		
FACILITY DESCRIPTION	20-lane 25 yard pool with separate 6 lane 25 yard warmdown pool. Only 8 lanes in the deep end will be used for competition. There will be 10 warm-down lanes available in the shallow end.		
POOL CERTIFICATION	The competition course has been certified in accordance with 104.2.2C(4).		
WATER DEPTH	The depth of the water at the start end of the pool is 8 feet and at the turn end is 16 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	FEBRUARY 15, 2011		
ENTRY DEADLINE	FEBRUARY 24, 2012 Late Qualifiers from BB Champs due by NOON, MONDAY, MARCH 5th		
ENTRY FEES	Individual Events: \$5.00	Relay Events: \$5.00	
ENTRY LIMIT	3 Individual Events per day (excluding relays).		MEET ENTRY LIMIT: 9
ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entry times must be in SC Yards or LC Meters. NT entries will not be accepted; • Entries must be submitted by Hy-Tek CL2 or HY3 file or sdif file via e-mail; • A hard copy of the entries must be submitted with payment and postmarked by the entry deadline; • All entries should be submitted via e-mail. Electronic entry files (TM or equivalent) are required for teams with five or more swimmers. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information. • Hard copies of entry report and fees must be mailed to the entry chair postmarked by the entry deadline date. • FINAL entry reports must be mailed or e-mailed to the entry chair five (5) days prior to the meet start 		
MEET ENTRY CHAIR	JEFF BERGHOFF	PHONE #: 412-648-8340 <i>(no calls before 9:00 AM or after 9:00 PM)</i>	
E-MAIL ENTRY FILES TO	TPIT-ENTRIES@AMSWIM.ORG		
MAIL CHECKS/ REPORTS	JEFF BERGHOFF, AGE GROUPS, 218 FITZGERALD FIELD HOUSE, PITTSBURGH, PA 15261		
CHECKS PAYABLE TO	PITTSBURGH AQUATIC PROGRAM		
PROOF OF TIMES	Proof of times shall be required for all events with qualifying times. When submitting meet entry file & report indicate proof of time by checking the "Include Proof of Time" box. Times will be run against the SWIMSS database.		
SEEDING	This meet will be pre-seeded with the exception of events 400 yards/meters or longer and relays which will be deck seeded with positive check-in. Check in will close approximately 30 minutes prior to the start of the event. Events 400 yards/meters or longer will be swum fastest to slowest alternating girls/boys.		
SAFETY CHAIR	JEFF BERGHOFF	E-MAIL: berghoff@pitt.edu	PHONE: 412-648-8340
OFFICIALS CONTACT	TERRI COOK	E-MAIL: terricook27@yahoo.com	PHONE:
AWARDS	Individual Medals for 1 st through 3 rd place. Ribbons for 4 th through 8 th place for 12 and unders only. Relay medals for 1 st through 3 rd place.		
SCORING	Individual - 9-7-6-5-4-3-2-1. Relays - 20-14-12-10-8-6-4-2		
MISCELLANEOUS	<ul style="list-style-type: none"> • Thursday and Friday night distance swimmers MUST provide their own timer AND counter. • Relay swimmers MUST be entered in the meet. No relay only swimmers will be permitted. • Hard copies of entries AND payments must be received PRIOR to the beginning of the first session of the meet or your team's entries will be forfeited. • Teams with swimmers qualifying for the FIRST time in an event at BB Championships, MUST have the updated entry file to the meet entry chair by NOON on Monday, March 5, 2012. Entries received after NOON will no be accepted. Previously entered times may NOT be updated at that time. Additional payments must be received prior to the start of the first meet session. • Concessions will be available. • Parking information will be available at a later date. • Senior Relays will be positive check-in and may choose prelims or finals. The top 8 selecting finals will swim in the evening. Check in will close at 8am for that day's relays. All other relays will be pre-seeded. Relay deck entries will also close at 8am. Teams are encouraged to pre-enter their relays. • Positive check-in for Thursday and Friday events will close at 5:00pm. 		

SESSION	WARM-UP TIMES	MEET STARTS
Thursday PM	Mixed warm-ups at 4pm.	5:30pm
Friday PM	Mixed warm-ups at 4pm.	5:30pm
Saturday/Sunday Prelims	Mixed warm-ups at 7am.	8:30am
Saturday/Sunday Finals	Mixed warm-ups at 4pm.	5:30pm.

WARM-UP INFORMATION	Warm-up policies will be strictly enforced by USA Swimming Officials. Specific warm-up times for each club (if applicable) and/or changes to the warm-up schedule will be posted on the AMS Web Site no later than five (5) days prior to the start of the meet. The Meet Director reserves the right to adjust warm-ups based on the number of entries after consultation with the Age Group Chair (prior to the meet) or the referee (day of the meet).
DECK PRIVILEGES	Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card at the sign in table and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries. Failure to do so will result in the swimmer not being permitted to participate.
RACING START CERTIFICATION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.
DURATION	The Meet Director reserves the right to return entries with the approval of the Age Group Committee to control the meet duration. Affected clubs will be notified at least five (5) days prior to the meet. In addition, the meet host may require swimmers to scratch down one event per day. When entries are submitted, please mark which event the swimmer will scratch, if needed. If no race is designated, the host team will scratch the swimmer's last event of the day. Refunds will be given for mandatory scratches.
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age <i>as of the first day of the meet</i> determines eligibility. This meet is open to all USA swimming registered swimmers.
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <i>any</i> issues that arise that day during the course of the meet.
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	This meet will be governed by current USA Swimming Rules. Fly-over starts may be used. Smoking and the use of tobacco products are prohibited in the building. Sale and use of alcoholic beverages are similarly prohibited anywhere on the grounds. No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.
DISABLED SWIMMERS	Any swimmer with a disability should contact the Meet Director and the Meet Referee prior to the start of the meet
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	In compliance with USA Swimming Rules and Regulations; Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the AMS Board or stated in the meet announcement, photographers are not permitted on deck at any time.
SCRATCH RULE <i>Prelims/Finals Meets</i>	Any Swimmer or relay team failing to swim an event at a pre-seeded session of a prelims-finals meet shall not be penalized for failure to swim. <u>Positive Check-in events (400 yards/meters or longer):</u> Any swimmer who has checked in for an individual event that is seeded on the deck must swim in the event unless he notifies the Referee or designated meet official of his/her wish to scratch before the seeding for the event has begun. Failure to scratch prior to seeding and failure to swim the

	<p>event will result in the swimmer being barred from his/her next individual event or relay.</p> <p>Events seeded on the deck shall be closed for seeding no later than 30 minutes prior to the start of the event.</p> <p>Any swimmer qualifying for a C, B or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in "Exceptions for Failure to Compete." A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.</p> <p>Any Swimmer who qualifies for a C, B or A Final and does not compete shall be subject to a monetary fine. If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be charged a penalty of \$25 by AMS. The \$25 penalty fee will be charged to the swimmer's club or to the swimmer themselves in the event that they are unattached. This penalty fee should be paid to AMS (Allegheny Mountain Swimming) and mailed to the Permanent Office within 14 days of the conclusion of the meet. Failure to pay this fine prevents this swimmer/team from participating in a future meet. The Meet /Deck Referee shall notify the Permanent Office of any penalties due within 1 day of the conclusion of the meet.</p> <p>Thirty (30) Minute Scratch Rule</p> <p>A swimmer who qualified for a C, B or A Final (Bonus – C, Consolation – B, Championship – A) must notify the designated official of his/her intent to scratch within thirty (30) minutes after the announcement of the qualifiers.</p> <p>The swimmer shall further declare his/her final intention within thirty (30) minutes following his/her last individual preliminary event in the session. If the swimmer does not declare his/her intention at the end of the 30 minutes of his/her final individual event, the swimmer will be seeded into the final event. Any penalties for not swimming at finals will be upheld. Swimmers and/or coaches should re-check with the Referee to see if their swimmer has been scratched into one of the finals heats. Swimmers not intending to return for finals, regardless of the seeded position should fill out the scratch form.</p> <p>Exception for Failure to Scratch– No Penalty shall apply:</p> <p>The Referee is notified of illness or injury and accepts the proof thereof.</p> <p>A swimmer qualifying for a consolation final or final race following preliminaries is in compliance with the 30 minute scratch rule detailed above.</p> <p>It is determined by the Referee that failure to scratch was caused by circumstances beyond the control of the swimmer.</p> <p>A swimmer who was not one of the original qualifiers and who was scratched into the qualifiers list.</p> <p style="text-align: center;"><i>Please refer to the AMS Operating Procedures Section P for the complete AMS Scratch Rule</i></p>
<p>DIRECTIONS</p>	<p>See directions page at www.amswim.org.</p>

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THURSDAY PM						FRIDAY PM							
Faster than or Equal to			Session 1	Faster than or Equal to			Faster than or Equal to			Session 2	Faster than or Equal to		
Girls	LCM	SCY		SCY	LCM	Boys	Girls	LCM	SCY		SCY	LCM	Boys
1	5:16.59	5:52.99	13 & Over 500 Freestyle	5:35.19	5:02.79	2	7	6:05.89 5:32.39	6:48.39 6:09.29	12 & Under 500 Freestyle 6 – 10 11 - 12	6:44.59 6:04.69	6:06.79 5:27.09	8
3	6:23.99	5:36.09	12 & Under 400 IM	5:28.89	6:20.19	4							
5	10:37.09 10:47.99	11:55.89 12:07.59	1000 Freestyle Senior 13 – 14	11:12.19 11:36.39	10:01.89 10:29.39	6	9	20:28.39 20:39.79	19:58.89 20:12.19	1650 Freestyle Senior 13 – 14	18:47.99 19:15.69	19:13.39 19:55.69	10
SATURDAY AM						SUNDAY AM							
Faster than or Equal to			Session 3	Faster than or Equal to			Faster than or Equal to			Session 5	Faster than or Equal to		
Girls	LCM	SCY		SCY	LCM	Boys	Girls	LCM	SCY		SCY	LCM	Boys
11	2:37.69	2:19.89	11 – 12 200 Freestyle	2:16.19	2:34.89	12	69			Senior 400 Freestyle Relay			70
13	2:58.49	2:36.39	6 – 10 200 Freestyle	2:31.89	2:52.39	14	71	2:59.79	2:37.59	11 – 12 200 Individual Medley	2:35.59	2:58.09	72
15	2:31.79	2:13.79	13 – 14 200 Freestyle	2:05.29	2:23.29	16	73	3:19.89	2:55.99	6 – 10 200 Individual Medley	2:55.29	3:18.89	74
17	2:27.19	2:10.39	Senior 200 Freestyle	2:00.09	2:17.19	18	75	6:00.99	5:17.79	13 – 14 400 Individual Medley	5:00.49	5:44.49	76
19	1:33.79	1:22.19	11 – 12 100 Breaststroke	1:20.49	1:32.49	20	77	5:50.59	5:09.89	Senior 400 Individual Medley	4:47.79	5:27.09	78
21	48.29	41.99	6 – 10 50 Breaststroke	42.19	48.49	22	79	38.99	33.89	11 – 12 50 Backstroke	33.49	38.69	80
23	1:28.99	1:17.59	13 – 14 100 Breaststroke	1:12.09	1:21.29	24	81	43.69	38.09	6 – 10 50 Backstroke	38.29	43.89	82
25	1:26.69	1:15.69	Senior 100 Breaststroke	1:08.89	1:19.69	26	83	1:17.99	1:08.49	13 – 14 100 Backstroke	1:04.19	1:14.49	84
27	1:23.29	1:14.89	11 – 12 100 Backstroke	1:12.29	1:23.59	28	85	1:16.29	1:06.59	Senior 100 Backstroke	1:01.09	1:10.59	86
29	1:35.29	1:22.19	6 – 10 100 Backstroke	1:21.29	1:33.29	30	87	1:22.89	1:13.19	11 – 12 100 Butterfly	1:11.69	1:21.49	88
31	2:47.39	2:27.29	13 – 14 200 Backstroke	2:18.19	2:40.69	32	89	1:37.89	1:26.69	6 – 10 100 Butterfly	1:25.59	1:36.49	90
33	2:44.29	2:23.89	Senior 200 Backstroke	2:12.39	2:31.29	34	91	1:16.49	1:07.79	13 – 14 100 Butterfly	1:02.89	1:11.09	92
35	33.69	29.49	11 – 12 50 Freestyle	28.59	32.59	36	93	1:14.19	1:06.29	Senior 100 Butterfly	1:00.09	1:07.69	94
37	36.39	32.19	6 – 10 50 Freestyle	31.59	36.09	38	95	3:00.19	2:35.89	11 – 12 200 Backstroke	2:32.89	2:56.39	96
39	32.49	28.69	13 – 14 50 Freestyle	26.29	30.29	40	97	42.09	37.79	6 – 10 100 Breaststroke	37.29	43.09	98
41	31.79	27.99	Senior 50 Freestyle	25.29	28.79	42	99	1:46.99	1:33.39	11 – 12 50 Breaststroke	1:31.79	1:45.99	100
43	3:23.69	2:56.89	11 – 12 200 Breaststroke	2:52.89	3:20.79	44	101	3:11.99	2:46.79	13 – 14 200 Breaststroke	2:36.29	3:01.99	102
45	42.09	37.29	6 – 10 50 Butterfly	36.69	40.99	46	103	3:05.69	2:42.79	Senior 200 Breaststroke	2:30.09	2:54.29	104
47	2:48.29	2:28.59	13 – 14 200 Butterfly	2:20.29	2:38.79	48	105	1:13.49	1:03.09	6 – 10 100 Freestyle	1:02.69	1:11.39	106
49	2:42.69	2:24.49	Senior 200 Butterfly	2:13.39	2:30.59	50	107	1:21.89	1:11.89	11 – 12 100 Freestyle	1:10.79	1:20.59	108
51	36.29	32.39	11 – 12 50 Butterfly	32.09	36.19	52	109	1:10.39	1:02.19	13 – 14 100 Freestyle	57.39	1:05.99	110
53		1:22.59	6 – 10 100 Individual Medley	1:21.09		54	111	1:08.59	1:00.79	Senior 100 Freestyle	55.19	1:03.09	112
55	2:51.49	2:30.49	13 – 14 200 Individual Medley	2:20.29	2:42.39	56	113	2:59.29	2:38.59	11 – 12 200 Butterfly	2:35.29	2:58.49	114
57	2:47.29	2:26.99	Senior 200 Individual Medley	2:15.09	2:35.89	58	115			6 – 10 200 Medley Relay			116
59		1:13.99	11 – 12 100 Individual Medley	1:11.49		60	117			11 – 12 200 Medley Relay			118
61			6 – 10 200 Freestyle Relay			62	119			13 – 14 400 Medley Relay			120
63			11 – 12 200 Freestyle Relay			64	121			Senior 400 Medley Relay			122
65			13 – 14 400 Freestyle Relay			66							
67			Senior 800 Freestyle Relay			68							

Comments:

1. Entries are limited to three (3) individual events per day.
2. This is a prelims/finals meet for all individual events on Saturday and Sunday. Senior Events will have B & A finals.
3. All 6-10 year old events will be swum during prelims as Timed Finals
4. Proof of times required. Please check the "include proof of time" box when generating entry reports.
5. Times not in SWIMS database must be proven 30 minutes prior to the start of the session with official results from a USA Swimming Sanctioned, Approved, or Observed swim meet. If a time is not proven & the athlete competes in the questioned event, that swim is subject to Allegheny Mountain Swimming fines for falsifying documents.
6. All times are taken from the National "A" Time Standards as established by USA Swimming.
 - Senior events use 15 – 16 National "A" Time Standards.
 - 13 & Over events use 13 – 14 National "A" Time Standards.
7. All Events 400 Yards/Meters or longer are positive check-in and will be swum fastest to slowest alternating girls and boys.
8. 13 – 14 and Senior 1000 and 1650 Freestyle shall be seeded together by gender.
9. The 12 & Under 500 freestyle will see seeded together by gender.
10. Relays may be deck entered. Relay only swimmers must appear on the master entries.
11. Senior Relays require positive check in shall be declared am or pm. Fastest 8 relays to choose pm shall swim at finals
12. There may be a 10 minute break prior to all relay events.
13. This is a team scored meet. Championship scoring shall be used for all events.
14. Saturday Finals order: 11-12, 15-20, 23-28, 31-36, 39-44, 47-52, 55-60
15. Sunday Finals order: 71-74, 75-78, 79-80, 83-88, 91-98, 101-106, 109-114